

Health Improvement Alliance of St. Joseph County

Minutes: May 2, 2024. 11:30 a.m.

St. Joseph County Public Library Main Branch

- I) Executive Committee Chair Jessica Brookshire welcome and introductions. A lot of familiar faces first time back in person in a while. The meeting was the second on the schedule of 11:30 a.m. networking, noon presentations.

- II) Guest Speakers Topic: May is Mental Health Awareness Month
 - Ricky Mountsier LSW, Director of Crisis Services, Oaklawn, 574.283.1234 ext. 4901 Email: Richard.mountsier@oaklawn.org
 - Crisis care goals
 - Three pillars of crisis care: someone to call, someone to respond, a safe place to be
 - Contact: 574.283.1234 Select option 1 or ask to be transferred to the Mobil Crisis Team
 - Memorial Epworth Center, South Bend Location: 420 N Niles Ave, Suite 100 South Bend IN, Goshen Location: (under construction) 330 Lakeview Drive Goshen IN
 - Derrick Perry, Team Leader, Youth Mobile Crisis Response
 - Three pillars of crisis care: someone to call, someone to respond, a safe place to be
 - 60 days open, March 4th, 2024, start date, over 60 calls already
 - Contact: 574.283.1234 Select option 1 or ask to be transferred to the Mobil Crisis Team, 988 number
 - Helps avoid JJC being the first response/only solution
 - Help the youth in crisis and parents/guardians build a village
 - Community providers have been very receptive; goal is to be 24/7
 - Lisa Kelly, Executive Director, mental Health Awareness Michiana, affiliate of Mental Health America, lbkelly@mhamichiana.org
 - 6 years in service
 - 3,600 screenings in 2023, 400% increase from 2019
 - Young people are accessing resources online: 2/3 of screenings completed by individuals under the age of 24
 - Public education classes and events and mental health screenings- can access online
 - Piloting youth education courses
 - Pro Bono Counseling Project- short term counseling
 - Wellness and Family Fun Fair, Friday, May 31st 4:00-6:30pm, more information online: <https://mhamichiana.org> info@mhamichiana.org

- III) Member Updates/Announcements:
 - Advancing Equity Summit, Indiana Youth Institute May 7th hosting virtual event
 - Please register at:

<https://iyi.org/events/>

-May 15th, 2024, 12:00-3:00p.m. 'Safe Talk' Training

-Hosted by HIA, Oaklawn, and SJC Cares

-Lunch will be provided

-Hosted at La Casa de Amistad

-12 person minimum

-Please Register at:

<https://www.eventbrite.com/e/safetalk-tickets-890480329637?aff=oddtcreator>