



ASIST

Applied Suicide Intervention Skills Training (ASIST) is a two-day training program teaching how to assist those at risk of suicidal thinking, behavior and attempts.

ASIST is a 16-hour evidence-based workshop that teaches participants how to support individuals experiencing suicidal thoughts and best practices for helping those at risk of suicide stay safe. Although many healthcare professionals use the skills taught through ASIST, anyone ages 16 & up can use this approach. This program is presented by SJC Cares and made possible for the generous support of Beacon Health System for residents of the Michiana region. Participants must be present for the entire workshop over two consecutive days.

This program is presented by SJC Cares and able to be offered free of charge through the generous support of Beacon Health System.



St. Joseph County
CARES
Hosted by Oaklawn



When:

Wednesday, October 19
8:30 a.m.- 4:30 p.m.

&

Thursday, October 20
8:30 a.m.- 4:30 p.m.

Where:

St. Joseph County Public
Library
305 South Main St.
South Bend, IN 46601

Cost:

Free (Value: \$200)

To register

<https://bit.ly/3pl3oHL>



Questions?

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